

From programs that help improve your health to tools that help manage your health spending, there's so much you can do on myCigna.com or the myCigna app.



Find in-network doctors, hospitals, and medical services



Manage and track claims



See cost estimates for medical procedures



Compare quality of care information for doctors and hospitals



Access variety of health and wellness tools and resources

The myCigna website and app both have an easy, interactive health assessment to help you learn more about your health and what you can do to improve it.

Register Today!

You can register online or through the app.

1. Go to the myCigna.com website or launch the myCigna app and select "Register Now"
2. Enter your requested information
3. Confirm your identity
4. Create your security information and provide your primary email address
5. Review and submit

Feel Better Protected

Cigna is as committed to helping protect your health information as we are to protecting your health and well-being. That's why we take certain steps to enhance the security of your personal health information on the myCigna website and app.

- Enhanced registration
- Two-step authentication

