



Why is having a good vision plan so important?

Routine vision exams are not only important for your eyes. They may also help catch early signs of serious problems, such as diabetes, high blood pressure, heart disease, certain cancers and other conditions.¹

That's why, even if you have perfect vision, yearly exams are important.

Enroll today!

For questions, please call Superior Vision by MetLife at

1 800 GET-MET8

1 800 438-6388

Make better vision a priority with Superior Vision by MetLife.

How Vision Insurance can help.



I never miss my daughters' games and I chaperone all their dances. Recently, when I had my eye exam, my doctor identified the early signs of diabetes. Thanks to our **vision coverage**, I have peace of mind knowing this was caught early. Now, I can be there to see my daughters play every game and never miss a dance.*

Why should I enroll now?

- Easy access to vision care with one of the largest networks of eye care professionals
- Competitive group rates
- Convenient payroll deduction

Vision Benefits

Help care for your vision with access to one of the largest networks of eye care professionals.



Keep up with eye exams and eyewear with Vision Insurance.

Flexible benefits that can save you money.

■ Eye exams ■ Eyewear ■ Laser vision correction

Recent studies have shown...



11 million

Americans over the age of 12 need vision correction.²

With competitive employee rates, you can get Superior Vision by MetLife for monthly rates less than the cost of...



A medium cup of coffee³

1x per week

Your benefit in action

Here's how easy it is to use Vision Insurance:



Choose a licensed vision care specialist from a large network of ophthalmologists, optometrists and opticians at private practices or retail locations.



When you go to a participating vision specialist, there are no claims to file. You don't even need an ID card.



Premiums will be conveniently paid through payroll deduction. So you don't have to worry about writing a check or missing a payment.

Enroll in MetLife Vision during Annual Enrollment

Advantages of Superior Vision by MetLife Insurance.

Benefit overview	Vision insurance can help minimize your out-of-pocket costs for vision care and eyewear.
Why needed	Using vision insurance for preventive care may help you avoid serious vision problems in the future. Getting vision coverage through your employer also helps you save ⁴ on routine vision care, eyewear, contact lenses and more.
Who is covered	Choose which plan best suits you: • Employee Only • Employee & Eligible Family Members
Covered services	• Eye exams • Eyewear • Lens enhancement options including, but not limited to, polycarbonate, UV coating, scratch resistant and blue light filtering and progressive lens⁵
Additional value	• Discount on laser vision correction⁶ • Access to a large network of eye care professionals at retail and private locations. Enjoy lowest out-of-pocket costs when visiting a participating vision care provider. • 50 of the top 50 retailers in network,⁸ including America's Best Contacts & Eyeglasses, Costco Optical, Eyeglass World, LensCrafters, Pearle Vision, Target Optical, VisionWorks and Walmart • Online in-network eyewear stores including Glasses.com, ContactsDirect, 1 800 contacts and Befitting • Free hearing exam and 40% off the national average for hearing aids⁷

Enroll in MetLife Vision during Annual Enrollment

Vision Benefits

Frequently Asked Questions

Q. Why should I enroll?

- A. A vision plan can provide benefits for you and those covered in your family. Even if you don't wear glasses or contacts, regular visits to your eye doctor **may help contribute to your overall health**. Routine vision exams can help catch serious problems, such as diabetes and high blood pressure.¹

Q. What services are covered under my plan?

- A. Your plan offers coverage on eye exams, frames and lenses. Coverage also includes **access to some of the latest lens technology and a discount on LASIK**.⁶
- You can even get savings on **hearing exams and discount on hearing aids**.⁷

Q. What kinds of frames are covered?

- A. Your eye care professional can help you choose from classic styles to the latest designer frames. Select from **hundreds of options** available to you.

Q. Where can I choose my eye care professional and eyewear from?

- A. You can **go to any participating licensed eye care professional** and enjoy low out-of-pocket costs when visiting a participating vision care provider. Choose from the thousands of ophthalmologists, optometrists and opticians or popular retail locations. Or visit online in-network eyewear stores.
- Out of network provider costs may be higher and you will have to pay out of pocket.

Q. When can I enroll?

- A. You can enroll during your **open enrollment period**.

Have other questions?

Please call Superior Vision by MetLife directly at
1 800 GET-MET8
1 800 438-6388
and talk with a benefits consultant.

* This is a fictional example. Superior Vision and MetLife do not claim that these are typical results that members will generally achieve.

1. Population Health Management, The role of comprehensive eye exams in the early detection of diabetes and other chronic diseases in an employed population, <https://pubmed.ncbi.nlm.nih.gov/20465530/>, accessed August 2021.

2. Vision Health Initiative, Keep an Eye on Your Vision Health, October 1, 2020. Centers for Disease Control and Prevention. <https://www.cdc.gov/visionhealth/resources/features/keep-eye-on-vision-health.html>.

3. https://www.numbeo.com/cost-of-living/country_result.jsp?country=United+States. Accessed May 2021.

4. Actual costs and benefits may vary based upon plan design selected. Exclusions and Limitations may apply.

5. Not all providers participate in vision program discounts, including the member out-of-pocket features. Members are urged to contact their provider prior to scheduling an appointment to confirm if the discount and member out-of-pocket features are offered at that location. Discounts and member out-of-pocket are not insurance and subject to change without notice.

6. Laser vision correction services administered by QualSight, LLC.

7. Hearing services administered by Your Hearing Network.

8. Please see Superior Vision by MetLife's provider directory for a full list of participating providers.

MetLife Vision benefits are underwritten by Metropolitan Life Insurance Company, New York, NY. Certain claims and network administration services are provided through Superior Vision Services, Inc. ("Superior Vision"), a Delaware corporation. Superior Vision is part of the MetLife family of companies. Like most group benefit programs, benefit programs offered by MetLife and its affiliates contain certain exclusions, exceptions, reductions, limitations, waiting periods and terms for keeping them in force. Please contact MetLife or your plan administrator for costs and complete details.



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