

Ulliance

No cost and completely confidential

Life Advisor EAP

The Ulliance Life Advisor EAP® is part of your benefits package and offers total well-being services to you, spouse/live-in partner and dependents under the age of 27. This is a free and totally confidential service. Call today!

Counseling

Short-term, solution-focused counseling is available for stress, relationship issues, substance use, grief/loss, and other work-life challenges. Choose in-person, video, or phone sessions with a nearby counselor for individuals, families, or couples.

Coaching

Life Advisor Coaches offer telephonic or video support for individual life enhancement goals, such as education, career advancement, financial or self improvement goals.

Well-being Portal

Anytime access to articles, resources, healthy-living tips, webinars as well as our orientation videos.

Crisis Support

Mental health professionals are available by phone 24/7/365.

Legal & Financial Consultations

Ulliance professionals can connect employees with resources to assist individuals regarding legal and financial issues.

Referrals

Consultants provide recommendations for resources within the community.

Identity Theft Program

This free identity theft program includes dark web monitoring, lost wallet service, fraud restoration support, & an online informational hub for employees & up to four additional family emails, phone numbers, & bank accounts to prevent identity theft.

Work/Life Materials

Information on a wide range of work-life balance topics are easily accessed through the EAP portal such as —webinars, videos & PDFs.

SCAN ME

LifeAdvisor.com | 800.448.8326